



Location: **Camp Teetonkah (BSA)**

### Saturday

~ 8:00 am

Program Leader arrives, checks in (cabin) <Cubmaster>

~ 9:00 am

All—

- o Cabin, camp orientation, rules Bunks, unpack
- o “Buddy system” Assign buddies
- o “Leave No Trace” Discussion #1

Adults—

- o Review weekend agenda Any changes?
- o Separate facilities for men and women
- o Safety, child protection, 2-deep leadership First Aid kit
- o Fire: Building, extinguishing; contingencies 10’ perimeter
- o Food: Cooking, fire safety; wash their hands! Hygiene
- o Restrooms
- o Check out w/ Cubmaster before leaving!
- o Adult “assignments” (volunteer)
- o Allow “free time” as appropriate, but sparingly

~ 9:15 am

Leave No Trace

- o Observe, note area
- o Clean-up

First aid discussion

- o Practice carry options

- Drink plenty of water!
- ☐ Hike preparations BSA Handbook
- ☐ Hike
- ☐ Fire building; fire safety (“Ax yard”) Gather wood
- ☐ Prepare foil packets for lunch Cubs, parents
- ☐ Work on knots: Square, taut-line hitch, bowline
- ☐ Tent setup, strike-down
- ~ Noon
- ☐ Lunch
- ~ 1:00 pm
- ☐ Make snacks for afternoon hike
- ☐ “The Great A to Z Hunt” Teams<sup>1</sup>
- ☐ Fire skills: Building, starting
- ☐ Long hike
  - Twist: Simulate 1 injury per 3-4 Cubs!
- ☐ Knot-tying competitions Teams
- ☐ Break into groups: Prepare “silent story skits” Teams
  - Perform silent skits, audience “interprets”
- ~ 5:30 pm
- ☐ Dinner
- ☐ Perform skits
- ☐ “Leave No Trace” Discussion #2
  - How has our campsite changed since we got here?
- ☐ Fire building competitions
- ☐ Smores
- ~ 9:30 pm
- ☐ *Lights out!*

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<sup>1</sup> Divide Cubs into two teams, plus one team of adults (not including Program Leader).

## Sunday

~ 8:00 am

*Rise and shine!*

Eggs, sausage; breakfast bars

Breakfast

~ 9:30 am

Faith Service

What did we learn about ourselves in nature?

Discussion

"Leave No Trace"

Discussion #3

o Have we really left no trace?

o Pack up and out of cabin

o Clean up after fire

Closing ceremony

TBD

Depart for home

# # #

### Alternative Activities

Outdoor senses match game: "Name that smell"

Notebooks

Outdoor senses match game: "Name that sound"

Notebooks

Outdoor senses: "See 1 foot square"

Notebooks

Hike: "Four on a Penny" theme

Notebooks

What did you learn about each of your 5 senses?

Discussion

*Survivor* Blind-Folded Retrieval Game

Teams

## **Assignments**

- “Grubmasters”
  
- Cubs’ food preparations
  
- Skits
  
- Ropes, tents
  
- Fire
  
- Faith Service Leader
  
- Leave No Trace
  
- Games, “Activities”